

## Overview

Founded in 2013, The Lumin Group is a **team and leadership development** firm focused on strengthening national and global organizations by developing their most valuable resource – people. We partner with public & private sector organization to help **foster positive and productive workplace ecosystems** in the ever-changing landscape of work. We do this through the services we offer, but more importantly by the **way** we work. Our whole team is focused on a single goal: changing the workplace for the better. And we do this by using **psychology, biology, neuroscience and research** to inform every aspect of our approach.

## Core Offerings



### Individual & Group Coaching

- One-on-one sessions allow individuals to really dig into how to leverage their strengths and address their roadblocks with a growth mindset.
- Group coaching involves 6-8 members who set and share their own goals and learn from facilitated coaching conversations and each other along the way. The accountability and team mindset of a peer group inspires growth for all.



### Workshops & Retreats

- We have pre-designed sessions to help teams with specific challenges, or we can partner with you to facilitate something more specific to your needs.
- Popular topics include: Centered Leadership: Managing Stress and Maximizing Impact, Connection & Clarity: Communicating in the Hybrid World of Work, Pandemic Recovery: Creating or Reviving Team Cohesion, & Navigating Conflicts Productively



### Leadership Development Academies

- Leadership development isn't just for positional leaders. Employees are influenced and impacted by everyone around them – one action, one interaction, and one day at a time. That's why we inspire leadership at every level.
- We offer academies for individual contributors, team leaders, and positional leaders.
- All programs are based on our Centered Leadership Model, which highlights the importance of centering (stress management & nervous system regulation), communication, connection, and climate.

## Certifications

<b>DUNS #</b> 177025967	<b>CAGE #</b> 6JG99
<b>SWIFT #</b> 858997	<b>NAICS #</b> 541611, 541612, 611430
<b>Business Certifications:</b> DBE, WBE, TGB, WOSB	<b>Professional Certifications:</b> EQ-i, DiSC, Agile EQ, MBTI, TKI, FIRO-B, SDI, CDI, DiSC, DOC

## Sample Clients Served



**US Army Corps of Engineers**®

